

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

1

# Masā'il of Fasting

Extracted from:

## Mahmūdul Fatāwā



By:

The Sublime Spiritual Guide  
The Muḥaddith, The Mufassir and The Faqīh

**HAZRAT MUFTI  
AHMED KHANPURI**

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### No Concession Due To A Tiring Job

Concession to refrain from fasting is **not** given to a person whose job is tiring and experiences weakness due to fasting.

If a person's job is such, it is **necessary\_for\_him\_to fast** and take a break from work.

And Allāh Ta'ālā knows best.



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### Inhaling Smoke While Fasting

If a person lights any fragrant substance and intentionally inhales its smoke despite being aware that he is fasting, his fast will break in all cases regardless of if the smoke is from amber, incense or anything else.

And Allāh Ta'ālā knows best.



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**Intentionally Eating or Engaging in Intercourse After Eating Forgetfully**

If a person intentionally eats or engages in sexual intercourse after eating forgetfully, the fast will break.

Only qadā' will be wājib. Kaffārah will not be wājib.

And Allāh Ta'ālā knows best.



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## Masturbation

Masturbating is a  
grave sin. Ejaculating  
by masturbating  
breaks the fast.

Qaḍā' is wājib.

Kaffārah is not wājib.

And Allāh Ta'ālā knows best.



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## Wet Dreams

A wet dream  
does not break  
the fast.

And Allāh Ta'ālā knows best.



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## Intimacy Part 1

### Cuddling One's Wife

If a person  
ejaculates while  
cuddling his wife,  
his fast will break.

Only qadā' is wājib.

Kaffārah is not wājib.

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## Intimacy Part 2

### Caressing & Kissing 1 The Wife

Caressing the wife  
(including kissing her  
breasts) is makrūh  
(reprehensible) when  
there is a fear of  
ejaculating.



And Allāh Ta'ālā knows best.

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## Intimacy Part 3

### Caressing & Kissing. ② The Wife

If a person kisses  
or caresses his wife  
and ejaculates, the  
fast will break.

Only qadā' will be wājib.  
Kaffārah will not be wājib.

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## Intimacy Part 4

### Caressing & Kissing. ③ The Wife

If he does not ejaculate immediately, however, a viscous fluid is discharged after a while and he is unable to identify whether this substance is manī\*, madhī\*, wadī\* or urine drops, the fast will **not break**. Ghusl will also not be wājib.

\*manī: seminal fluid

\*madhī: preseminal fluid

\*wadī: thick white fluid discharged after urinating





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## Intimacy Part 5

### Fondling The Husband's Private Part

If the wife fondles the husband's private part whilst fasting and:

1. He ejaculates immediately.
2. He ejaculates after a while.
- His fast will break.

Only qada' will be wājib.

Kaffārah will not be wājib.

**Note:** Engaging in this activity whilst fasting is a sin. Both the husband and wife should repent and seek forgiveness.

3. He does not ejaculate immediately nor after a while.

- His fast will not break.

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## Intimacy Part 6

Caressing & Kissing. 4

The Wife

If he does not  
ejaculate, the fast will  
not break regardless  
of whether madhī was  
discharged or not.

[i.e., The discharge of madhī\* does not break the fast.]

\*madhī: preseminal fluid



And Allāh Ta'ālā knows best.

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### Summary of Husband & Wife Caressing & Kissing

**Fear of Ejaculating**

**Makrūh**

**Does Not Ejaculate  
Immediately nor Later**

**Fast Does Not Break**

**Ejaculates Immediately**

**Fast Breaks**

**Does Not Ejaculate  
But Madhī Discharged**

**Fast Does Not Break**

**Ejaculates After a While**

**Fast Breaks**

**Does Not Ejaculate Immediately.  
Later an unidentifiable fluid discharged  
[Either manī, madhī, wadī\* or urine drops]**

**Fast Does Not Break**

\***manī**: seminal fluid

\***madhī**: preseminal fluid

\***wadī**: thick white fluid discharged after urinating

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## Compensation For A Fast That Was Not Observed

A person who is afflicted with an illness due to which the Sharī'ah gives concession not to fast, is not sinful for not fasting during Ramaḍān.

Only **qaḍā'** is **wājib** for the fasts missed.

It is a **major sin** for a resident who is not afflicted with such an illness to not fast during Ramaḍān.

It is necessary for him to repent, cry and seek forgiveness for this sin.

Even in this case, only **qaḍā'** of the missed fast is **wājib**. **Kaffārah** is not **wājib**.

“Whoever does not fast a day in Ramaḍān without any concession which Allāh has granted, fasting for a lifetime will not atone for it.”

[Abū Dāwūd #2396, Tirmidhī #723, Ibn Mājah #1672]



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## Combining Qaḍā' Fasts With The 6 Optional Fasts of Shawwāl

Some respectable fuqahā' have permitted it.

It is mentioned in 'Fathul Qadīr': "If one fasts on the Day of 'Arafah (an obligatory fast) like a qaḍā', or kaffārah fast or a [fast in fulfilment of a] vow, and coupled with this, one also intends the (nafl) fast of the Day of 'Arafah, some scholars have issued the fatwā of the validity (of the obligatory fast) and acquisition [of rewards] of the nafl fast."

However, caution lies in  
only intending the qaḍā' fast.

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## Iftār Dinner At The Masjid

Providing an iftār dinner for those fasting during Ramaḍān is very virtuous. There is nothing wrong in bringing food for iftār from home to the courtyard of the Masjid with the objective that travellers, the poor and needy who do not have the means to prepare their own iftār can also partake of it and coupled with this, the rewards of providing iftār can also be reaped..

However, it is not appropriate (for a resident who is not in i'tikāf) to partake of the iftār within the boundaries of the Sharī masjid where ṣalāh with jamā'ah (congregation) is performed. One may partake of the iftār dinner beyond the boundaries of the Sharī masjid.

Additionally, it is important to ensure that there is no chaos. It should also not be considered necessary upon everyone to bring a dish to the extent that those who do not bring a dish are ridiculed or regarded as inferior.

If such is the case, this practice should be banned.

