



THE METHOD OF PERFORMING 'UMRAH

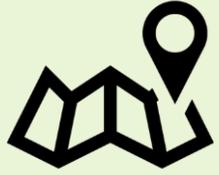
rites of 'Umrah

- ✓ Intention of entering into the state of *'iḥrām*. (fard)
- ✓ *Ṭawāf* of the *ka'bah*. (fard)
- ✓ Performing *Sa'ī* (between *Ṣafā* and *Marwah*). (wājib)
- ✓ Shaving of the hair. (wājib)
- ✓ To do the *ṭawāf* and then *Sa'ī* in order. (condition)

ENTER INTO THE STATE OF ʾIḤRĀM

Intention + Talbiyah = ʾiḥrām

By simply making the **intention** for the ʾIḥrām of ʿUmrah or Ḥajj (verbally or in the heart) and **verbally reciting the talbiyah**, one enters the state of ʾIḥrām.



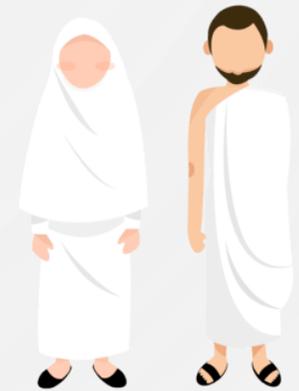
MĪQĀT: BOUNDARIES

A person must be in the state of 'Iḥrām before entering/passing the mīqāt.

Failure to do so will result to a *dam* (penalty).

PERFORMING 'UMRAH

1. Take a bath (*ghusl*) or make *wuḍū'*. The former is better.
2. Trim nails and remove all unwanted hair.
3. Comb and oil the hair and beard.
4. Wear the clothing for 'Iḥrām.



PERFORMING 'UMRAH

5. Read two *rak'āts* of *Sunnatul-'Ihrām*. (women who are menstruating will not perform this *ṣalāh*)

- First *rak'āt* - *Ṣūratul-Fātiḥah* and *Ṣūratul-Kāfirūn*.
- Second *rak'āt* - *Ṣūratul-Fātiḥah* and *Ṣūratul-Ikhlāṣ*.

NB. For males: with headgear.

6. Thereafter remove headgear for males.

7. Make *niyyah* (intention) - for 'Umrah. (*fard*)

اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ ، فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي.

(O Allāh, I intend performing 'Umrah. Render it easy for me and accept it from me.)

PERFORMING 'UMRAH

8. Recite *talbiyah* once (*fard*), thrice (*sunnah*). Pause at each comma (*mustahsan*). (a) Males: loudly (b) Females: softly

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ ،
إِنَّ الْحَمْدَ وَالنُّعْمَةَ لَكَ وَالْمُلْكَ ، لَا شَرِيكَ لَكَ.

9. Recite *durūd* i.e. salutation on the Prophet ﷺ (*softly*).

10. Supplicate. Time of acceptance. A *masnūn* (Prophetic) *du‘ā'*:

اللَّهُمَّ إِنِّي أَسْأَلُكَ رِضَاكَ وَالْجَنَّةَ ، وَأَعُوذُ بِكَ مِنْ غَضَبِكَ وَالنَّارِ.

O Allāh I seek Your pleasure and Paradise,
and I seek refuge in You from Your wrath and Hell.

PERFORMING 'UMRAH

11. Proceed to *Makkah-tul Mukarramah* reciting *talbiyah* constantly.
12. Settle in your hotel.
13. Go to *Masjidul-Ḥarām*, enter from *Bābus-Salām* with your right foot.
(if a woman is in the state of menstruation, she cannot enter the *Masjid* for *ṭawāf*)
14. Be humble, dignified, and respectful.
15. Recite:

بِسْمِ اللَّهِ وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ،
رَبِّ اغْفِرْ لِي ذُنُوبِي، وَافْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

In the Name of Allāh, Peace and blessings be upon the Messenger of Allāh. O my Rabb forgive all my sins, and open for me the doors of Your Mercy.

PERFORMING 'UMRAH

16. Make an intention for *nafl 'i'tikāf*.

17. On sighting the *Ka'bah* recite 3 times:

اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ - *Allāhu akbar, lā ilā-ha illal-lāh.*

18. Recite *durūd*.

19. Supplicate. Any *du'ā'* made here is certainly accepted.

20. Proceed towards the *Ka'bah*, now **stop** the recitation of *talbiyah*.



PERFORMING 'UMRAH

21. Make *iḍtibā* i.e. exposing of the right arm, **males only**.

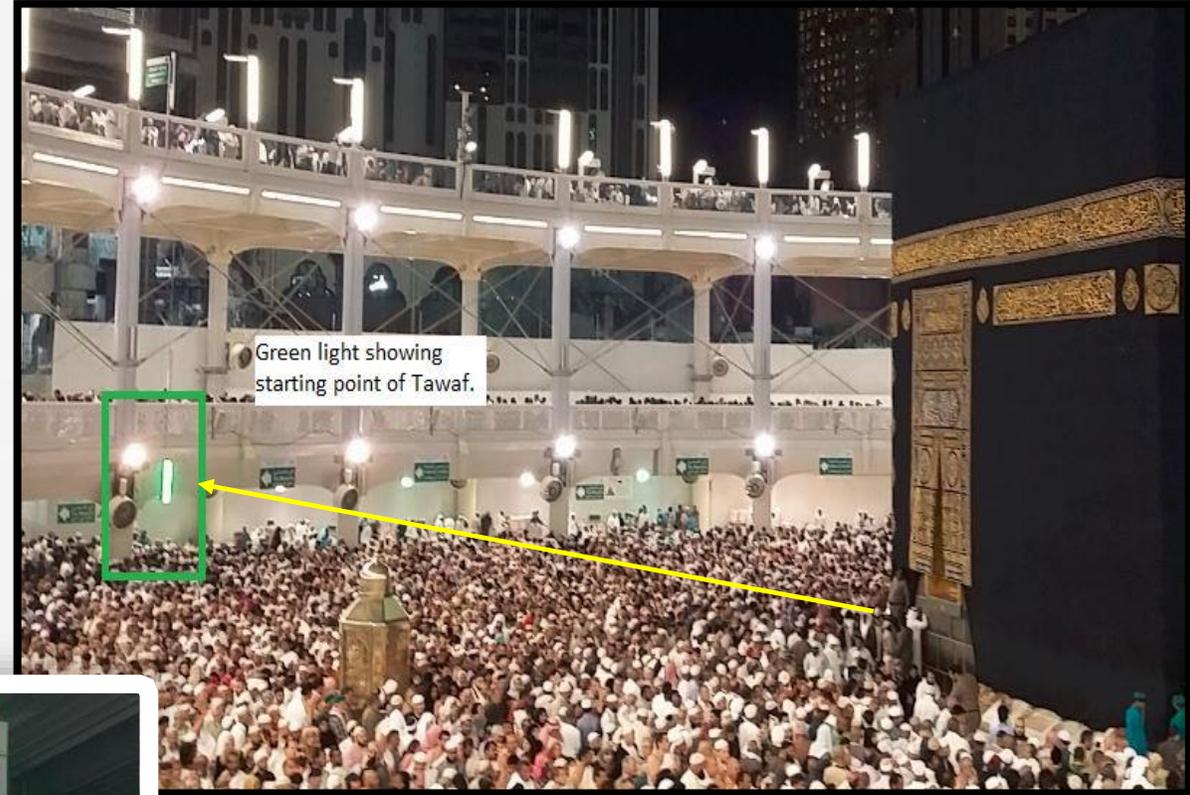
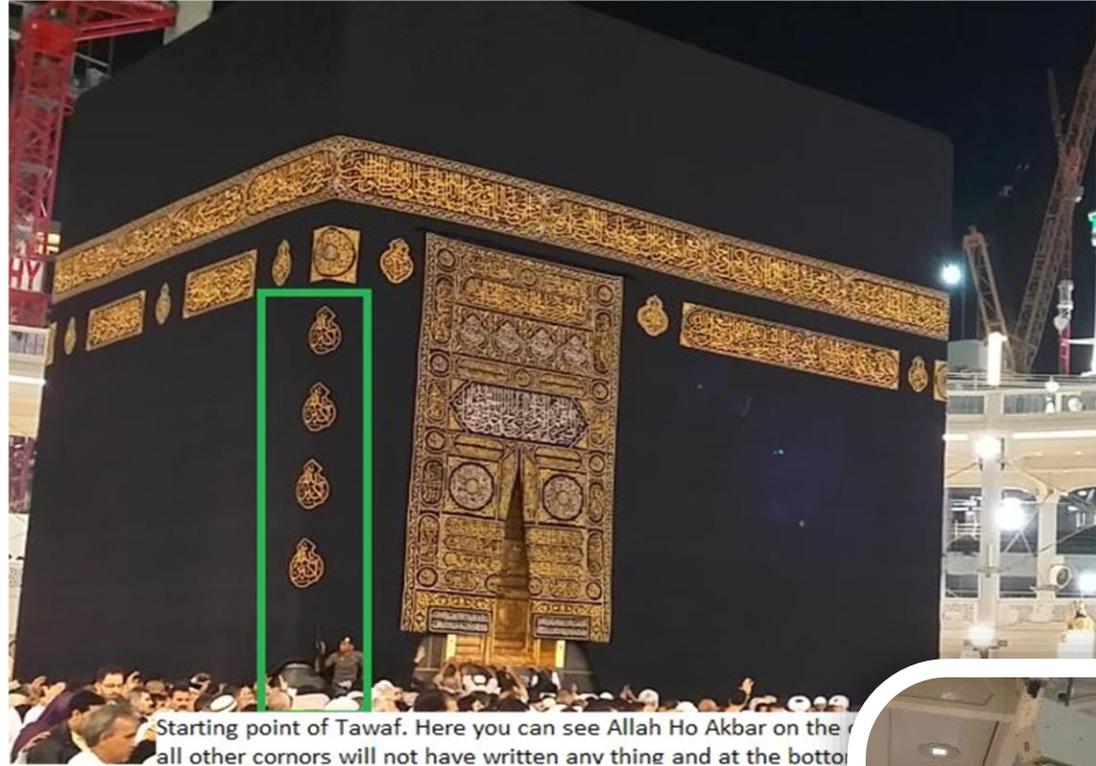
(Sunnah)

22. Stand in front of the *Ka'bah* with *Ḥajarul-Aswad* on your right.

23. Make the intention of performing *ṭawāf*. *(fard)*

❖ O Allāh, I intend performing *ṭawāf* of the *Ka'bah* 7 rounds for You. Make it easy for me and accept it from me.

TAWĀF STARTING POINT



Green Lights, Starting point

PERFORMING 'UMRAH

24. Stand opposite *Ḥajarul-Aswad*.
25. Do *istiqbāl*: i.e., raise hands to the ears/shoulders as in *ṣalāh* and read:

بِسْمِ اللَّهِ، اللَّهُ أَكْبَرُ، وَ لِلَّهِ الْحَمْدُ.

Bismil-lāhi, Allāhu akbar, wa lilāhil ḥamd.

26. Do *istilām* i.e., place palms on *Ḥajarul-Aswad* and kiss it. If not possible, face palms towards *Ḥajarul-Aswad*, then kiss them.
27. Commence *ṭawāf*.
28. Make *raml* (to walk briskly) in the first 3 rounds, **males only**.



PERFORMING 'UMRAH

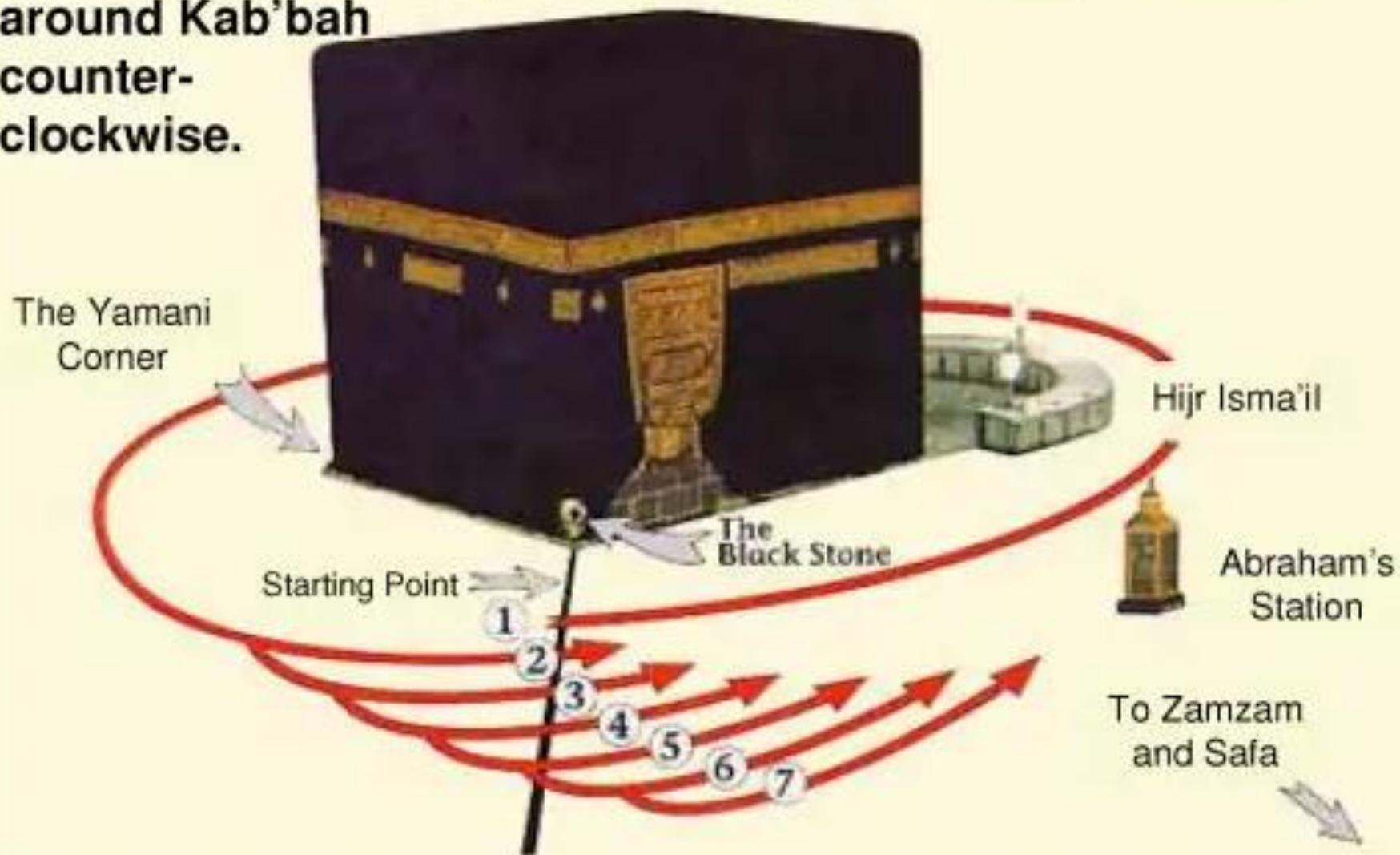
29. Begin *ṭawāf* with the *Ka'bah* on your left. Recite the 3rd Kalimah.
30. Walk around the *Ḥaṭīm*, not through it.
31. Between *Ruknul-Yamāni* and *Ḥajarul-Aswad* read:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

O our Rabb, grant us good in this world and good in the hereafter and save us from the torment of the Fire.

Tawaf

Tawaf starts from Hajar-ul-Aswad (Black Stone) & circle around Kab'bah counter-clockwise.



PERFORMING 'UMRAH

32. Rounds 4 to 7 walk normal (no raml for males).

33. End round 7 with *istilām* and recite: بِسْمِ اللّٰهِ اللّٰهُ اَكْبَرُ

NB. At no time should one face the *Ka'bah* nor have one's back to it during the rounds of *ṭawāf*.

34. Read 2 *rak'āts* of *wājib Ṣalātut-Ṭawāf* without *idtibā* behind *Maqāmu-Ibrāhīm*. If unable to, then:

- a. close to it, otherwise,
- b. in *Ḥaṭīm*, if that is also not possible then,
- c. anywhere in the *Ḥaram*.



PERFORMING 'UMRAH

35. Ensure that it is not a *makrūh* time i.e. after *Fajr*, sunrise, *zawāl*, after 'Aṣr and at sunset.

NB. a. Must face the *Ka'bah* while performing *ṣalāh*.

b. *Ṣalāh* will be null and void if only the *Ḥaṭīm* is faced.

36. Proceed to *Multazam*, i.e. wall between door of *Ka'bah* and *Ḥajarul-Aswad*.

37. Stretch hands above head, cling to *Ka'bah*, and supplicate. Any *du'ā'* made here is certainly accepted.

38. If unable to go to *Multazam* then make *du'ā'* anywhere in *Ḥaram*.



PERFORMING 'UMRAH

39. Drink *Zam-Zam* while standing facing the *Ka'bah*.

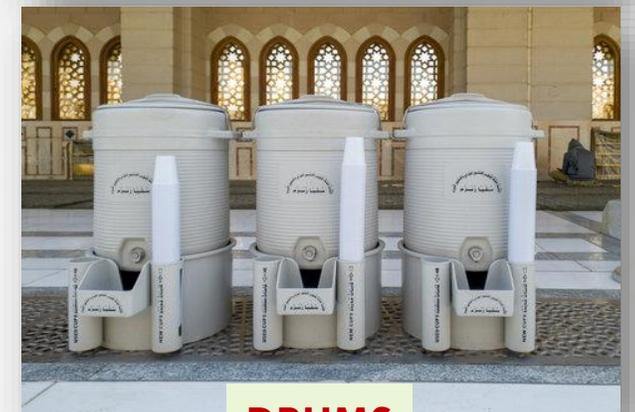
40. Drink as much as possible then recite:

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا وَاسِعًا وَشِفَاءً مِّنْ كُلِّ دَاءٍ.

O Allāh, I am asking You for beneficial knowledge and abundance in provisions and cure from every ailment.

41. *Sa'ī* after *Zam-Zam*. (*wājib*)

TAPS



DRUMS

PERFORMING 'UMRAH

42. Proceed to *Ḥajarul-Aswad*.

43. Perform *istilām* and say: اللهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللهُ - *Allāhu akbar, lā ilāha illallāh.*

44. Proceed to *Ṣafā*, on exiting the *Masjidul-Harām* read:

بِسْمِ اللَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ،

رَبِّ اغْفِرْ لِي ذُنُوبِي، وَافْتَحْ لِي أَبْوَابَ فَضْلِكَ

In the Name of Allāh, Peace and blessings be upon the Messenger of Allāh. O my Rabb forgive all my sins and open for me the doors of Your Bounties.



PERFORMING 'UMRAH

Proceed to the hill of Safa, which is located inside Masjid al-Haram in line with the Hajar al-Aswad. There are signs which indicate where it is. As you're approaching Safa, it is sunnah to recite the following:

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ

Inna ṣ-Ṣafā wa l-Marwata min sha'ā'iri Llāh.

Indeed, Safa and Marwa are from the Signs of Allah.

[Surah al-Baqarah, 2:158]

Thereafter, recite the following du'a:

أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ

Abda'u bimā badā' Llāhu bih.

I begin with that which Allah has begun with.

These supplications are only to be recited once before Sa'i and not at the start of each lap.



PERFORMING 'UMRAH

45. Climb on *Ṣafā*.

46. Face towards the *Ka'bah*.

47. Make an intention: (sunnah)

O Allāh, I intend performing *sa'ī* for You.
Make it easy for me and accept it from me.

48. Raise hands up to the shoulders like in *du'ā'*.

49. Praise and glorify Allāh. Read **اللَّهُ أَكْبَرُ** thrice. Recite 4th Kalimah.

50. Recite *durūd sharīf*.



PERFORMING 'UMRAH



لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ ❁ أَنْجَزَ وَعَدَهُ وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ
وَحْدَهُ ❁

**La ilāha illa Liāhu waḥdah, anjaza wa'dahu wa naṣara 'abdahu wa hazama
l-aḥzāba waḥdah.**

There is no deity except Allah alone. He fulfilled His promise, supported His slave
and defeated the Confederates alone.

PERFORMING 'UMRAH

51. Supplicate. Any *du'ā'* made here is certainly accepted.

52. Move/walk towards *Marwah*.

53. Recite in *Sa'ī'*:

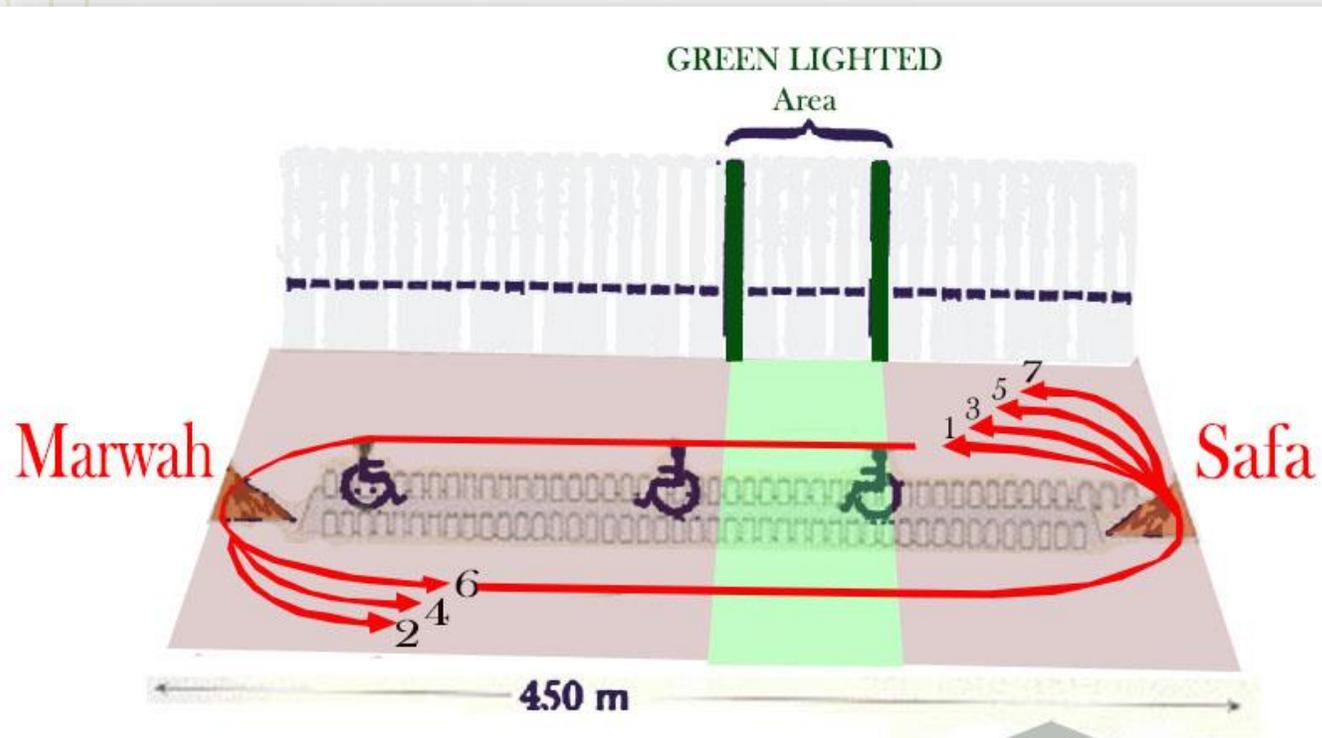
رَبِّ اغْفِرْ وَارْحَمْ وَتَجَاوَزْ عَمَّا تَعْلَمُ إِنَّكَ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

O my Rabb forgive and have mercy. Oversee what You know. Surely You are the Mightiest, the Most Benevolent.

PERFORMING 'UMRAH

54. When reaching the 'green lights' walk briskly, **males only**.
55. Walk normal after the 'green lights'.
56. On reaching *Marwah* ascend. One round is now complete.
57. Repeat Nos. 46, 48, 49, 50, 51, 53, 54 and 55. Round two ends.
58. Complete 7 rounds ending at *Marwah*.
59. Perform 2 *rak'āts nafl ṣalāh*. (*mustahab*)
60. *Ḥalq* or *qasr*. (*wājib*)
 - a. For males shave or trim hair.
 - b. For females trim hair only.

SA'Ī- Şafā & Marwah



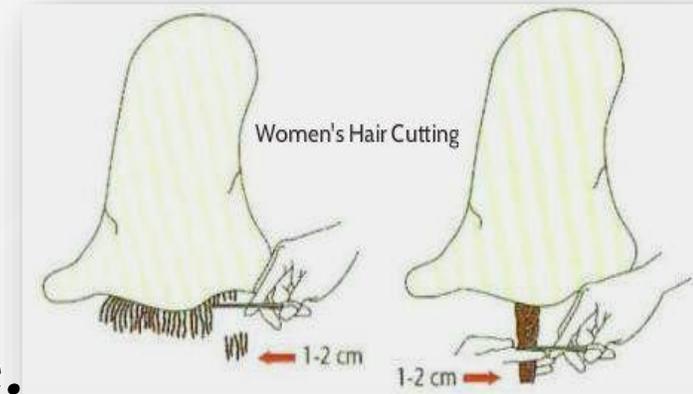
The Sa'ee Area is Approximately half km Each round.
The total 7 round is less than 3.5km



PERFORMING 'UMRAH

NB.

- i.** For males and females trimming hair means, to trim a little more than the first joint of the forefinger.
- ii.** For females: trim in your hotel not in the open.
- iii.** For females: ladies or *Mahram* can trim hair.
- iv.** For bald males the action of shaving must be done.
- v.** For males with hair the size of the first joint of the forefinger or shorter, shaving the head is a must.
- vi.** The one trimming or shaving the hair must not be in *'Iḥrām* who hasn't yet completed their rites of 'Umrah or Ḥajj.



PERFORMING 'UMRAH

61. Now you are out of the state of *'Iḥrām*.

- Stay in Makkah.
- Wear normal clothes.

END OF 'UMRAH

- i. With the cutting of the hair *'Umrah* comes to an end.
- ii. Restrictions of the *'iḥrām* are now finished.
- iii. One can don their everyday clothing.
- iv. A person should be thankful to Allāh for giving him/her the opportunity to perform *'Umrah*.
- v. One should ask Allāh to accept his/her *'Umrah* and forgive their shortcomings. Each person should aim and strive to live the remaining of their life in accordance with the commands of the law.
- vi. Perform as much *nafl ṭawāf* as possible.
- vii. Complete a recitation of the *Holy Qur'ān* in *Makkah*.
- viii. Do not waste time in shopping.
- ix. There is no *ṭawāful-widā* for one who is only performing an *'Umrah*.



THE METHOD OF PERFORMING ḤAJJ

FARD

- 1) *ʾIhrām* with *talbiyah* and intention.
- 2) Stopping (*wuqūf*) at the plains of *ʿArafah* on the 9th of *Dhul hijjah* between noon and sunset for one moment.
- 3) *Ṭawāf Ziyārah*, which is the *ṭawāf* on the 10th of *Dhul-Hijjah* after pelting, slaughtering and shaving/trimming.

WĀJIB

- 1) Not to leave *ʿArafah* before sunset.
- 2) Pelting of the *Jamarāt*.
- 3) Sacrifice of the animal (*dam ṣhukr*) if your *Ḥajj* is *Qirān* or *tamattuʿ*.
- 4) Cutting of the hair.
- 5) The above #2/3/4 to be done in order.
- 6) *Saʿī* after *Ṭawāf Ziyārah*.
- 7) To stay (*wuqūf*) in *Muzdalifah*, between the *Subh ṣādiq* and sunrise of the 10th of *Dhul Hijjah*.
- 8) *Ṭawāf Widāʿ*, farewell *ṭawāf* for those living outside of the *mīqāt*.

PERFORMING ḤAJJ



1 MORNING [after fajr]

You are in Makkah having already completed your `Umrah and are about to start the preparations for your Hajj. If you are not in Makkah please consult your Hajj guide or a scholar regarding how to enter *ihrām*.

① Donning *Ihrām*

- » Enter into *ihrām* as you did for `Umrah.
- » Observe the rules of cleanliness.
- » Put on the two pieces of clothing of *ihrām*.
- » Perform 2 rak'at Sunnah prayers (if it is not a makruh time) and make sincere repentance for your sins.

8th DH

9th DH

Day 1



FARDH

PERFORMING ḤAJJ

Makkah



Mina

②

Niyyah and *Talbiyya*

Make the **intention** (*niyyah*) for Hajj by saying:

“Oh Allah! I intend to perform Hajj, so make it easy for me and accept it from me.” **Immediately** after making the intention, recite the *talbiyyah* with your tongue and not your heart only.

Talbiyyah

Labbayk, Allahumma labbayk. Labbayk, laa shareeka laka labbayk. Innal hamda wa ni'mata laka wal-mulk. Laa shareeka lak.

At your service, Oh Allah, at your service. At your service, none can be associated with you, at your service. All praise and blessings belong to you as does the kingdom. None can be associated with you.

It is an emphasized *mustahabb* to recite it at every change in the state of a person - in the morning and in the evening, on arising or sitting down, while going out or coming in the house, on meeting people or asking their leave, while embarking and alighting, on ascending or descending, and so on.

Men should recite in a loud voice and women in a soft voice.

At this point one has entered into the state of *ihrām* and must abstain from its violations.

After entering into *ihrām* at Makkah proceed to Mina and perform *Dhuhr*.

PERFORMING ḤAJJ

8th DH

9th DH

Day 1

Makkah



Mina



SUNNAH

NOON-EVENING

3 Stay at Mina

Stay in Mina until *Fajr* of Day 2. Do not let your time go to waste. Busy oneself in '*ibāda* and *du`ā*.



WAJIB

PERFORMING ḤAJJ



2 MORNING [after fajr]

1 *Takbir al-tashriq*

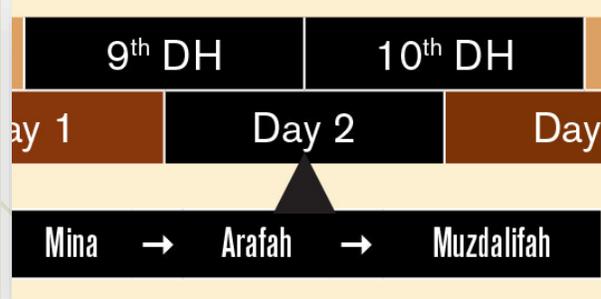
After performing *Salāt al-Fajr*, start reciting the *Takbīr al-Tashrīq* for 23 *Salāts* (until 'Asr of the 13th of *Dhul-Hijjah*). Depart for Arafah, reaching before *zawāl*. The time for *wuqoof* begins after *zawāl*.

Takbir al-Tashriq

Allahu akbar, Allahu akbar, laa ilaaha illa Allahu, wa-Allahu akbar, Allahu akbar wa li-Allahil hamd.

Allah is the greatest, Allah is the greatest, there is no god but Allah, Allah is the greatest, Allah is the greatest, and to Allah belongs all praise.

PERFORMING ḤAJJ



 FARDH



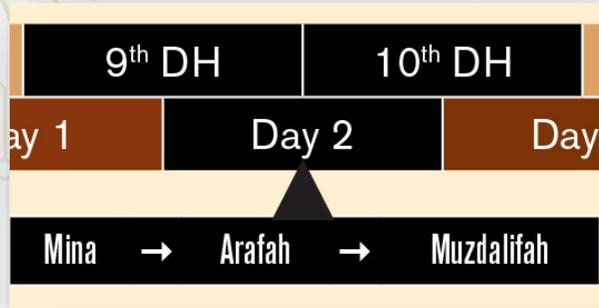
NOON-EVENING

② The Stay at 'Arafah

- » *Dhuhr* and *'Asr* are to be performed within *Dhuhr* time only at Masjid Namīrah behind the Imam of *Hajj*; otherwise each *Salah* is to be performed in its prescribed time.
- » *Wuqoof* (staying) at *'Arafah* is the most important part of *Hajj*. Be vigilant with your time and do not let it go to waste.
- » Engage in much *du'ā*.
- » Recite the following *sunnah adhkār*:
 - 100 times fourth *kalimah*
 - 100 times *Surah al-Ikhlās*
 - 100 times *Durood Ibrahim*



PERFORMING ḤAJJ



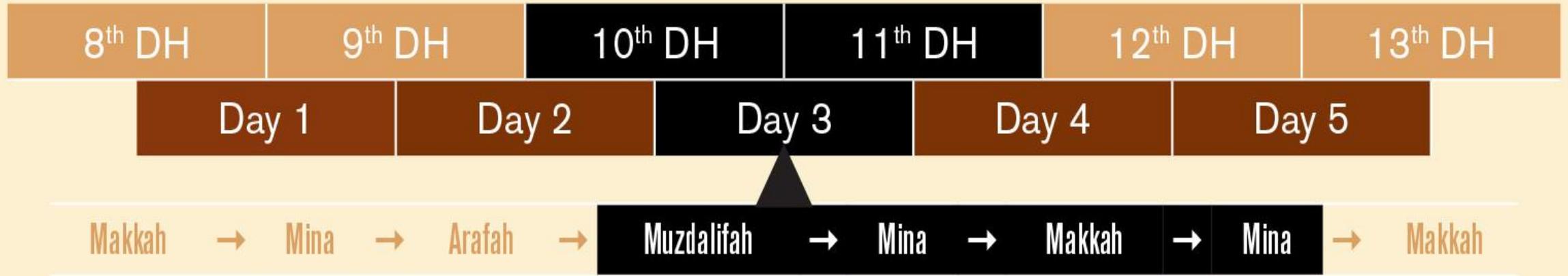
3 NIGHT [after Maghrib]

Proceed to *Muzdalifah*

- » After sunset leave for Muzdalifah without praying *Salat al-Maghrib*.
- » At Muzdalifah combine *Maghrib* with *Isha* within *Isha* time.
- » Collect 70 pebbles for stoning the *jamarāt* in the coming days. One will use only 49 pebbles for *ramee* if he does not intend to stay for Day 6. However he should keep a few extra pebbles.

PERFORMING ḤAJJ

WAJIB

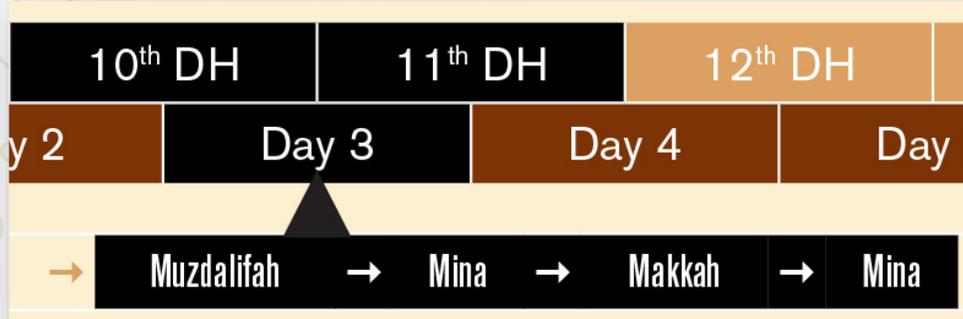


4 MORNING [after fajr]

1 Wuqoof at Muzdalifah

- » Pray *Fajr* at Muzdalifah as soon as the time enters and stay at Muzdalifah until right before sunrise. This staying (or *Wuqoof*) is *wajib*.
- » Engage oneself in *du`ā* and *dhikr*.
- » Right before sunrise proceed to Mina.

PERFORMING HAJJ



5 6 7 MORNING - EVENING/NIGHT

- » This is the busiest day of *Hajj*. One will perform 5 important actions:
① Ramee **② Damm ul-Shukr** **③ Halq/Qasr** **④ Tawāf** **⑤ Sa'ee**.
- » *Ramee, Damm ul-Shukr and Halq/Qasr must be performed in order.*
- » *Tawaaf and sa'ee must also be performed in order.*

10 th DH	11 th DH	12 th DH	
Day 2	Day 3	Day 4	Day 5
	Muzdalifah	Mina	Makkah → Mina



PERFORMING ḤAJJ

1 Ramee in Mina

- » After arriving at Mina pelt (*ramee*) the *Jamarat al-Aqaba* only (the biggest *jamarat*).
- » Throw seven pebbles at the *jamarat*, one at a time, mentioning with each throw:

Bismillahi Allahu akbar, Ragman lish Shaytan wa ridhan lirRahmaan–Allahumma-j'alhu hajjan mabrooran wa zanban magfooran wa sa'yam mashkoora

In the name of Allah. Allah is the greatest, defying the devil and pleasing the Merciful. O Allah! Cause this to be a Hajj that is approved, cause my sin to be forgiven and the effort to be rewarded.

- » With the throwing of the first pebble stop recital of *talbiyah*
- » It is preferable to use the index finger and the thumb of the right hand for throwing the pebbles.
- » The pebble must fall in the enclosure in which the *jamarat* (which is also a wall) is placed.



PERFORMING ḤAJJ



 WAJIB

② Damm of Shukr

» Now the animal should be slaughtered, and this is *wājib* for *Hajj al-Tamattu* and *Qiran*. Do not proceed to shaving your hair until you have confirmation that your animal has been slaughtered.



PERFORMING ḤAJJ



 **WAJIB**

3 Halq/Qasr

- » After you have received confirmation that your animal has been slaughtered then proceed to shaving your hair, though even trimming the length of one fingertip (~1") is permissible. All this applies to at least a quarter of the head. Bald men must pass a razor over the head.
- » Women should also trim the same amount from their hair which covers at least a quarter of their head.
- » At this point one partially comes out of the state of *Ihram* and one may wear their normal clothes. Everything becomes permissible except intercourse or any amorous interaction with women. This becomes permissible after *Tawāf al-Ziyārah*.



PERFORMING ḤAJJ



④ *Tawāf al-Ziyārah*



- » Proceed to Makkah and perform *Tawāf al-Ziyārah* like the *tawāf* of `Umrah.
- » *Tawāf al-Ziyārah* can be done any time during the 10th, 11th, or 12th of *Dhul Hijjah* (i.e. before sunset on Day 5 / 12th of *Dhul Hijjah*)
- » During *Tawāf al-Ziyārah* one should perform *ramal* if one will also perform *sa'ee* afterwards. *Idhtiba* should also be done if one is in his *Ihram*.
- » One should also pray 2 *rak'at wājib salah* at *Maqām Ibrahim*.
- » At this point, one has completely exited the state of *Ihram* and everything becomes permissible.

PERFORMING ḤAJJ



WAJIB



5 Sa'ee at Safa & Marwa

- » If Sa'ee for Hajj has not yet been performed, one should perform it after *Tawāf al-Ziyārah*
- » The method of Sa'ee is the same as that of *Umrah*.

8 NIGHT [after sunset]

- » After *Tawāf* and Sa'ee, return to Mina and spend the night at Mina. This is the night of the 10th of *Dhul-Hijjah* (Day 3).



PERFORMING ḤAJJ



MORNING [after fajr]

There is nothing specified for the morning of Days 4 & 5.

PERFORMING ḤAJJ



○ WAJIB

9 NOON - EVENING

1 Ramee of all *Jamarāt*

- » On both these days all the *jamarāt* need to be pelted, starting with the smallest and ending with the biggest.
- » Each *jamarāt* needs to be pelted with 7 pebbles in the manner explained previously.
- » The time for *ramee* begins after *zawāl*. It is *makruh* to delay it until after sunset (without genuine excuse).
- » *Du'ā* should be made at one side, facing the Qibla, after pelting the 1st and 2nd *jamarāt* but not after the 3rd.
- » On Day 5 one can proceed to Makkah right after *ramee*. Departure should not be delayed till Maghrib.



PERFORMING ḤAJJ



 SUNNAH

10 NIGHT [after sunset]

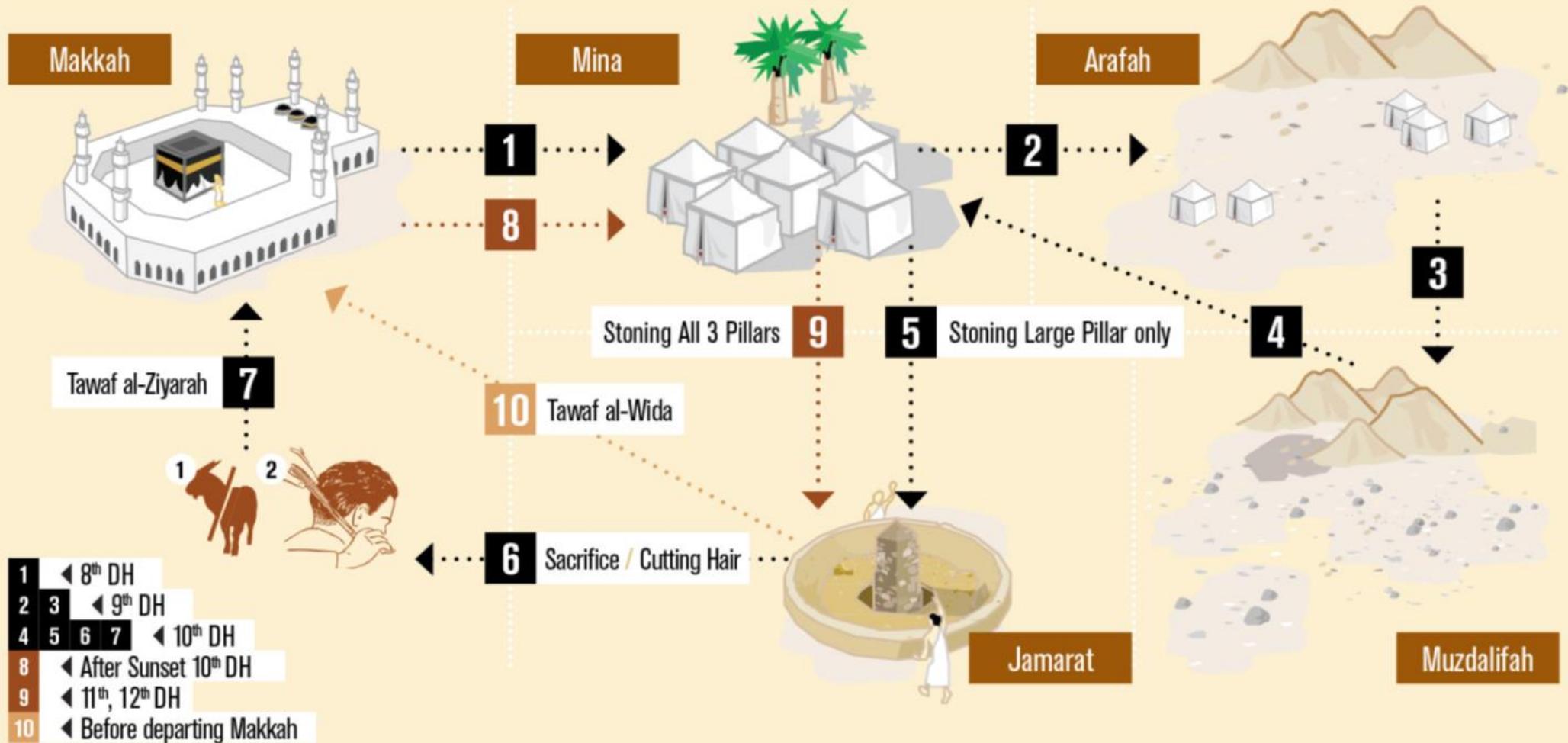
① Spending the night in Mina

Day 4: The night should be spent in Mina.

Day 5: If one has to leave for Makkah, then he should depart before Maghrib. It is *makruh* to leave for Makkah after sunset without *ramee* on Day 6 (13th). It is not permissible to leave for Makkah without *ramee* on the 13th if departure is delayed until *Fajr*.



PERFORMING HAJJ OVERVIEW



- 1 ← 8th DH
- 2 3 ← 9th DH
- 4 5 6 7 ← 10th DH
- 8 ← After Sunset 10th DH
- 9 ← 11th, 12th DH
- 10 ← Before departing Makkah

DH = Dhul Hijjah

TAWĀF AL-WIDĀ FAREWELL ṬAWĀF

WAJIB

2 Tawaaf al-Wida

Just before leaving Makkah one should perform the *wājib tawāf al-wida* without *ihram*, *ramal* and *sa'ee*, but one must pray the two *rak'at wājib salāt* at *Maqām Ibrahim* at a time which is not *makruh*. Since this *tawāf* is to be made right before leaving Makkah no day is specified. One must make fervent *taubah* and *istighfār* and make *dua'* for the acceptance of Hajj. Women in their periods are excused from this.



ḤAJJ IS NOW COMPLETE ALḤAMDULILLAH.

Spend the rest of your time in the remembrance of Allāh Ta‘ālā.

One should ask Allāh to accept his/her Ḥajj and forgive their shortcomings.

Each person should aim and strive to live the remaining days of their lives in accordance with the commands of Allāh and try their utmost to abstain from sins.

May Allāh Ta‘ālā accept your Ḥajj, may you return home like a newborn, forgiven.