



Nurturing Our Children: A Mother's Responsibility

Our Children:
*They are our trust, a gift
and a BIG responsibility*

Allāh Ta‘ālā (The Most High) says in the Glorious Qur’ān:

﴿يَا أَيُّهَا الَّذِينَ آمَنُوا قُوا أَنْفُسَكُمْ وَأَهْلِيكُمْ نَارًا وَقُودُهَا النَّاسُ وَالْحِجَارَةُ

عَلَيْهَا مَلَائِكَةٌ غِلَاظٌ شِدَادٌ لَا يَعْصُونَ اللَّهَ مَا أَمَرَهُمْ وَيَفْعَلُونَ مَا يُؤْمَرُونَ﴾

“O you who have believed, **protect yourselves and your families from a Fire whose fuel is people and stones...**”

{At-Tahrīm:6}

Ibn ‘Umar  (may Allāh be pleased with him) narrated:

The Messenger of Allāh, Prophet Muḥammad 

(peace and blessings be upon him) said:

“All of you are guardians and are responsible for your wards. The ruler is a guardian and is responsible for his subjects. A man is a guardian over his family, and a woman is a guardian over her husband’s house and his children. So all of you are guardians, and all of you will be questioned about your wards.”

{Ṣaḥīḥ al-Bukhārī #5188}

The Difference Between Ta' līm and Tarbiyah (Teachings & Upbringing)

- ❖ Ta' līm means teaching knowledge.
- ❖ For example, teaching our children that intoxicants are ḥarām (prohibited), or telling them that ṣalāh (prayer) is farḍ (obligatory).
- ❖ Tarbiyah goes deeper.
- ❖ It means nurturing their hearts and minds so that they love Allah Ta'ālā (the Most High) and want to follow His commands.

Some Practical Tips for Tarbiyah

1. Encourage reading.

- ❖ Not only school books, but also the Qur'ān, Islāmic stories and books on the life of the Prophet ﷺ.

2. Eat together as a family.

- ❖ The Prophet Muḥammad ﷺ (peace and blessings be upon him) would sit with his family. Eating together builds love and connection.

3) Talk to your children.

- ❖ Ask them how their day went.
- ❖ Do not just give instructions but build conversations.

Some Practical Tips for Tarbiyah

4. Stand by your rules. Be consistent.

- ❖ If you say no to something, do not change your mind because of crying or tantrums. Children need to know their parents are firm and fair.

5. Be loving and gentle.

- ❖ The Prophet Muḥammad ﷺ (peace and blessings be upon him) never scolded or nagged 'Anas ibn Mālik رضى الله عنه (may Allāh be pleased with him) in the 10 years he served him. That gentleness is what won hearts.

Challenges Facing Our Children

1. Bad Company

‘Abū Hurayrah رضي الله عنه (may Allāh be pleased with him) narrated:


The Prophet Muḥammad ﷺ (peace and blessings be upon him) said:

“A man follows the religion of his friend; so each one should consider whom he makes his friend.”

- ❖ The friends our children keep will shape their future.
- ❖ Good friends will take them towards Allāh, while bad company can destroy them.


Challenges Facing Our Children

2. Social Media

- ❖ Another huge challenge today is social media. Many of us grew up without phones or the internet, but our children are surrounded by it.
 - ❖ We must set boundaries.
- 


Challenges Facing Our Children

2. Social Media

- ❖ If children have devices, there must be rules:
 - Supervise their usage.
 - No phones at meal times.
 - Parents should know the passwords.
 - Encourage gadget-free family time.
- 

Challenges Facing Our Children

3. Drugs and Intoxicants

- ❖ One of the greatest dangers our youth face today is intoxicants.
 - ❖ This includes alcohol, drugs, and even vaping.
 - ❖ Sadly, these things are becoming common even among Muslim teenagers, including girls.
- 

Challenges Facing Our Children


3. Drugs and Intoxicants

Allāh Ta‘ālā (The Most High) says in the Noble Qur’ān:

“O you who have believed, indeed, intoxicants and gambling, and stone (statues of worship) and divining arrows are filth, a work of Satan, so refrain from it so you may be successful.” *{Al-Mā'idah:90}*


How Do We Protect Our Children?

1. Talk To Them About Drugs

- ❖ Do not just say it is “ḥarām” (prohibited) but explain why.
 - ❖ Show them how it ruins lives, health, and family relationships.
- 


How Do We Protect Our Children?

2. Be Their Friend

- ❖ If we are not close to them, they will hide things from us.
 - ❖ Build trust so they can confide in us.
- 

How Do We Protect Our Children?

3. Build A Home Based On Love, Care & Gentleness

- ❖ Tarbiyah has to be built on love, care, and gentleness.
 - ❖ If the home is always filled with shouting, scolding, or neglect, children will look for love outside.
 - ❖ That is when they fall into bad company.
- 

How Do We Protect Our Children?

3. Build A Home Based On Love, Care & Gentleness

- ❖ The Prophet Muḥammad ﷺ (peace and blessings be upon him) showed us this with his own family.
- ❖ He would kiss his grandchildren, play with them, and even carry them on his shoulders.
- ❖ He honoured his daughter Fāṭimah رضي الله عنها (may Allāh be pleased with her), would make her sit beside him, and would listen to her.

How Do We Protect Our Children?

3. Build A Home Based On Love, Care & Gentleness

**This is the Sunnah (prophetic method)
of tarbiyah (upbringing):
GENTLENESS AND LOVE.**

**Let us revive this Sunnah (way and style)
of our beloved Prophet, Muḥammad ﷺ
(peace and blessings be upon him)!**

How Do We Protect Our Children?

4. Make Du‘ā’ (Supplicate to Allāh)

- ❖ The most powerful weapon of a mother is her du‘ā’ (supplications and prayers to Allāh).
- ❖ Constantly ask Allāh to protect them from ḥarām (prohibited actions).

**May Allāh Ta‘ālā
(God, The Most High)**

**make us true guardians, bless our
children with strong ‘īmān, protect
them from the evils of our time, and
keep them on the straight path.**

Āmīn.

