

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



# Drug Awareness and Prevention Seminar

## THE ISLĀMIC STANCE ON INTOXICANTS, DRUGS AND MEDICINAL CANNABIS

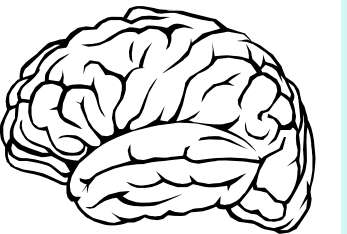


# Self-Care and Safeguarding One's Health

إِنَّ السَّمْعَ وَالْبَصَرَ وَالْفُؤَادَ كُلُّ أُولَئِكَ كَانَ عَنْهُ مَسْئَلًا

“Indeed, the hearing, the sight and the heart - about all those [one] will be questioned.” {Al-'Isrā', 36}

- Our bodies have been entrusted to us by Allāh.
- Islāmic law forbids everything that is impure and poses a threat to one's health.
- The role of the brain is very important.
- It allows a person to discern right from wrong so that they can be in control of their desires.
- Islām has prohibited alcoholic beverages and drug consumption as these affect the intellect and the nervous system and interfere with the brain's reasoning power.



# THE QUR'ĀN GRADUALLY PROHIBITS INTOXICANTS

*Verse*

*1/4:*

- Not a direct command to quit intoxicants.
- Some companions immediately abandoned it.
- Others continued to drink.

يَسْأَلُونَكَ عَنِ الْخَمْرِ وَالْمَيْسِرِ ۖ قُلْ فِيهِمَا إِثْمٌ كَبِيرٌ وَمَنْفَعَةٌ لِلنَّاسِ  
وَإِثْمُهُمَا أَكْبَرُ مِنْ نَفْعِهِمَا.

"They ask you [O Prophet] about wine and gambling. Say, "In them is great sin and [yet, some] benefit for people. But their sin is greater than their benefit." {Al-Baqarah, 219}

- Alcohol and gambling identified as corrupting agents that breed major sins.

- Benefits enjoyed from them acknowledged.

The harms of intoxicants far outweigh its benefits:

- Affects the mind and religion.
- Dulls the senses
- Weakens the power of a person's ability to reason.
- Opens the door for evil deeds and sinful activities.

# THE QUR'ĀN GRADUALLY PROHIBITS INTOXICANTS

*Verse*

*2/4:*

- Prohibited from consuming alcohol at the time of prayer.
- Some companions immediately abandoned it altogether.
- Others continued to drink.

يَا أَيُّهَا الَّذِينَ ءَامَنُوا لَا تَقْرَبُوا الصَّلَاةَ وَأَنتُمْ سُكَرَىٰ حَتَّىٰ تَعْلَمُوا  
مَا تَقُولُونَ.

“O believers! Do not approach prayer while intoxicated until you are aware of what you say.” {An-Nisā', 43}

- Companions (may Allāh be pleased with them) gathered for dinner.
- Had some drinks, as per the Arab custom.
- Companion leading the *maghrib* (post-sunset) prayer made an error in recitation of the verses of the Qur'ān.
- Allāh revealed the verse forbidding the performance of *ṣalāh* when in a drunken state. *Ṣalāh* could only be performed when sober.
- Drinking alcohol outside of prayer times remained permissible.

# CLEAR PROHIBITION OF INTOXICANTS IN THE QUR'ĀN

*Verse  
3/4:*

- Intoxicants ruled absolutely unlawful at all times.

يَا أَيُّهَا الَّذِينَ ءَامَنُوا إِنَّمَا الْخَمْرُ وَالْمَيْسِرُ وَالْأَنْصَابُ وَالْأَزْلَمُ رِجْسٌ  
مِّنْ عَمَلِ الشَّيْطَانِ فَأَجْتَنِبُوهُ لَعَلَّكُمْ تَفْلَحُونَ

"O believers! Intoxicants, gambling, idols, and drawing lots for decisions are all evil of Satan's handiwork. So refrain from them so you may be successful."

{Al-Mā'idah, 90}

- Stern prohibition of intoxicants at all times-prayer and otherwise.
- Consumption of intoxicants leads to other sins.
- It is from amongst the evil, wicked handiwork of the devil.
- Anyone with common sense would find them repulsive.

# CLEAR PROHIBITION OF INTOXICANTS IN THE QUR'ĀN

*Verse*

*4/4:*

- Intoxicants ruled absolutely unlawful at all times.

إِنَّمَا يُرِيدُ الشَّيْطَانُ أَنْ يُوقِعَ بَيْنَكُمُ الْعَدَاوَةَ وَالْبَغْضَاءَ فِي الْخَمْرِ وَالْمَيْسِرِ وَيَصُدَّكُمْ عَنْ ذِكْرِ اللَّهِ وَعَنِ الصَّلَاةِ. فَهَلْ أَنتُمْ مُنْتَهُونَ.

"Satan's plan is to stir up hostility and hatred between you with intoxicants and gambling and to prevent you from remembering Allāh and praying. Will you not then abstain?" {Al-Mā'idah, 91}

- Expresses the worldly as well as religious consequences of consuming intoxicants:

Worldly consequence:

- Alcohol incites hatred and animosity between people

Religious consequence:

When a person is overpowered by intoxicants and in a drunken or high state, they are distracted from prayer and the remembrance of Allāh.

# The Companions' Response to the Prohibition

Muslims in Madīnah who were drinking immediately quit and spilled their drinks.



The streets of Madīnah were flooded with wine.

The Prophet ﷺ had led an entire society to becoming sober and abandoning this addictive bad-habit in such a short period.

The best role model to follow in rehabilitating a society from this vice.

The Prophetic method shows the importance of patience in the counseling and rehab process for persons who may be caught up in drug consumption and abuse.

It is important that help is sought, so that through a gradual process of rehab, a person may overcome the habit or addiction.

# Prohibition of Intoxicants in the Ḥadīth (Statements of Prophet Muḥammad ﷺ)

Prophet Muḥammad ﷺ said:

“Every intoxicant is (like) *khamr* and every intoxicant is forbidden.”

(Ṣaḥīḥ Muslim, 2003b)

كُلُّ مُسْكِرٍ نَحْرٌ وَكُلُّ مُسْكِرٍ حَرَامٌ

## What is *khamr*?

“Alcohol “ is called “*khamr*.”

However, the word “*khamr*” is more general and isn’t restricted to that one meaning.

It comes from the word خمر which means:

خمر *kamara u (kamr)* and II to cover, hide, conceal (أ s.th.);

‘Umar رَضِيَ اللَّهُ عَنْهُ clearly explains what it refers to:

“وَالنَّحْرُ مَا خَامَرَ الْعَقْلَ”

“*Khamr* is that which befogs/disturbs the mind.”

(Ṣaḥīḥ Al-Bukhārī, , 5581)

# All Intoxicants and Drugs are Forbidden

An **impermissible** intoxicant or drug is anything that can:

- Cloud, befog or obscure the brain.
- Alter the natural state of the mind.
- Affect an individual's consciousness.
- Cause languidness (slacken or weaken the mind).
- Relax the body and weaken it.
- Affect an individual's ability to discern right from wrong.

# All Intoxicants and Drugs are Forbidden

Prophet Muḥammad ﷺ said:

مَا أَسْكَرَ كَثِيرُهُ فَقَلِيلُهُ حَرَامٌ.

“If a large amount of anything causes intoxication,  
a small amount of it is prohibited.”

*(Sunan 'Abī Dāwūd, 3681)*

Thus, consumption of even small amounts which do not intoxicate or cause a person to lose their senses have been ruled **prohibited**.

# All Intoxicants and Drugs are Forbidden

عَنْ أُمِّ سَلَمَةَ، قَالَتْ: نَهَى رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ عَنْ كُلِّ مُسْكِرٍ وَمُفْتِرٍ.

The Messenger of Allāh ﷺ **forbade** every *muskir*\* and every *muftir*\*.

(Sunan 'Abī Dāwūd, 3686)

**\*Muskir** - Any intoxicant, i.e. any substance which clouds / befogs the mind and alters its natural state, affecting a person's ability to reason.

**\*Muftir**- Any substance which causes languidness, relaxes the body and weakens it.

# All Intoxicants and Drugs are Forbidden

Prophet Muḥammad ﷺ said:

لَيَشْرَبَنَّ نَاسٌ مِّنْ أُمَّتِي الْخَمْرَ يَسْمُونَهَا بِغَيْرِ اسْمِهَا.

“Some of my people will assuredly drink intoxicants, calling it by another name.” (Sunan 'Abī Dāwūd, 3689)

- Every substance which affects the mind is **forbidden**.
- No matter which form it is consumed in and what it is called:
  - Whether in **liquid** form such as **alcohol, beer, and wine**.
  - Whether they are **smoked, sniffed, ingested, or even injected**, like **weed, opioids, heroin, cocaine, crack, cannabis, marijuana**.
  - Any **other substances** that cover/cloud/befog/obscure the mind.

Prophet Muḥammad  
ﷺ said:

الخمر ام الخبائث.

"Intoxicants are  
the mother of  
all evils."

(Mu'jam Al-'Awsaṭ, 3667)

Take this incident, for example:

Uthmān (may Allāh be pleased him with) said:  
“Avoid intoxicants for it is the mother of all evils.

There was a man among those who came before you who was a devoted worshipper. An immoral woman fell in love with him. She sent her slave girl to him, saying: We are calling you to bear witness. So he set out with her slave girl, and every time he entered a door, she locked it behind him, until he reached a beautiful woman who had with her a boy and a vessel of wine.

She said: 'By Allāh, I did not call you to bear witness, rather I called you to have intercourse with me, or to drink a cup of this wine, or to kill this boy.' He said: 'Pour me a cup of this wine.' So she poured him a cup. He said: 'Give me more.' And soon he had intercourse with her and killed the boy.

So avoid intoxicants, for by Allāh, faith and addiction to intoxicants cannot coexist but one of them will soon expel the other." (Sunan An-Nasā'ī 5666)

# Spiritual Harms & Consequences of Consuming Intoxicants

The most dangerous consequence of drug and substance abuse is that it can ultimately lead to the loss of one's belief in Allāh.

The Prophet ﷺ said,

مُذْمِنُ الْخَمْرِ إِنْ مَاتَ لَقِيَ اللَّهَ كَعَابِدٍ وَثَن.

“If one who is addicted to intoxicants dies he will meet Allāh in the same condition as an idolater.”

(Mishkāt Al-Maṣābīḥ, 3657, 3658, 3659)

The Prophet ﷺ said,

لَا يَشْرَبُ الْخَمْرَ حِينَ يَشْرِبُهَا وَهُوَ مُؤْمِنٌ.

“(A person) at the time of drinking an intoxicant is not a believer.”

(Ṣaḥīḥ Al-Bukhārī, 5578)

# RIVERS OF WINE IN PARADISE

Allāh's Messenger (ﷺ) said,

مَنْ شَرِبَ الْخَمْرَ فِي الدُّنْيَا، ثُمَّ لَمْ يَتُبْ مِنْهَا، حُرِمَهَا فِي الْآخِرَةِ.

"Whoever drinks alcoholic drinks in the world and **does not repent** (**before dying**), will be deprived of it in the Hereafter." (Ṣaḥīḥ Al-Bukhārī, 5575)

Allāh has  
promised rivers of  
wine in Paradise  
for those who  
abstain from it in  
this world.



The people of Jannah  
will be served a pure,  
clean wine that does not  
affect the mind, and will  
not cause any  
intoxication, harm or  
damage.

# The Wine of Paradise

Speaking about the righteous people  
enjoying the bliss of Paradise, Allāh says:

They will be given a drink of sealed, pure wine,  
whose last sip will be musk.

So let whoever aspires to this strive 'diligently'.

And this drink's flavour will come from Tasnīm-  
a spring from which those nearest (to Allāh) will drink."

يَسْقَوْنَ مِنْ رَحِيقٍ مَخْتُومٍ  
خَتَمُهُ مِسْكٌ.

وَفِي ذَلِكَ فَلْيَتَنَافَسِ الْمُتَنَافِسُونَ.

وَمِنْ أَجَلِهِ مِنْ تَسْنِيمٍ.  
عَيْنًا يَشْرَبُ بِهَا الْمُقَرَّبُونَ.

(Al-Muṭaffifīn, 25-28)

This is the reward for those who abstain from wine (and intoxicants) in this world!

# Buying and Selling Intoxicants



Just as consuming intoxicants is prohibited in Islām,  
**purchasing and selling them is equally prohibited.**

It is **forbidden** for a Muslim to:

- Sell intoxicants to anyone - Muslim or non-Muslim.
- Invest in intoxicants and hire a non-Muslim as an agent on their behalf to buy and sell it.
- Sell intoxicants on behalf of someone else, even if the investment and profits are not theirs but someone else's.
- cultivate /manufacture those substances which are specifically cultivated or manufactured as an intoxicant.

# Serving Harmful Substances to Minors

The Messenger of Allāh ﷺ said:

“If anyone serves it (intoxicants) to a minor who does not distinguish between the lawful and the unlawful, it is binding on Allāh that He will give him to drink the discharge of wounds, flowing from the inhabitants of Hell.”

*(Sunan 'Abī Dāwūd 3680)*

This shows the gravity of serving harmful substances to minors!

Take heed!

This prohibition is not only Islāmic, but also illegal according to Barbados' laws:

- Illegal for any adult to purchase tobacco products and vapes for persons under the age of 18.
- Illegal for minors (under 18) to use or sell tobacco products, including vapes and e-cigarettes.

# Tobacco, Cigarettes, Vapes, Hookah, and E-cigarettes

Although tobacco, cigarettes, vapes, hookah, and some e-cigarettes do not obscure or befog the mind to the extent of intoxicants, Islam still does NOT allow them.

Tobacco  
Cigarettes



Vapes



E-cigarettes



Hookah



# Tobacco, Cigarettes, Vapes, Hookah, and E-cigarettes

<b>Contain intoxicating substances. For example, mixing the shisha flavourings with weed.</b>	<b>Completely PROHIBITED due to the intoxicating factor.</b>
<b>Does not contain something intoxicating, but contains tobacco or any other harmful flavourings or substances</b>	<b>Prohibitively reprehensible and a sin.</b>
<b>Refraining from smoking even non-tobacco hookahs/vapes etc, when there is an urge or peer pressure.</b>	<b>Entitled to rewards from Allāh.</b>
<b>Smoking hookah, vaping for recreational purposes / fun as it is done nowadays.</b>	<b>Undoubtedly evil and extremely disliked by Islāmic law.</b>

# Smoking recreationally is **prohibitively reprehensible** and a **sin** due to the following reasons:

1

It is harmful to the lungs and other organs.

Many years ago, there used be a “No Smoking” sign close to the Holy Mosque in the sacred city of Makkah with the following verse:

لَا تُلْقُوا بِأَيْدِيكُمْ إِلَى التَّهْلُكَةِ

Do not let your own hands throw you into destruction. (2:195)

2

It befogs/clouds the senses and affects the mind to an extent.

3

It causes a foul odor within the mouth, which the Prophet ﷺ severely hated.

Purity is a hallmark of Islām.

# Smoking recreationally is **prohibitively reprehensible** and a **sin** due to the following reasons:

4

It resembles the people of the Fire of Hell (i.e., Jahannam) because smoke emanates from one's nose and mouth.

5

It is a waste of and destruction of one's wealth and money.

6

The hatred for its evil is lost.

- Become desensitised to it.
- Poor role model for younger generations.
- They will follow and may even do worse.
- Actions speak louder than words.

Prophet Muḥammad ﷺ said:

لُعِنَتِ الْخَمْرُ عَلَى عَشْرَةِ أَوْجِهٍ

بِعَيْنِهَا  
وِعَاصِرِهَا  
وِمُعْتَصِرِهَا  
وِبَائِعِهَا  
وِمَبْتَاعِهَا  
وِحَامِلِهَا  
وَالْمَحْمُولَةِ إِلَيْهِ  
وَآكِلِ ثَمَنِهَا  
وَشَارِبِهَا  
وَسَاقِيهَا

(Sunan Ibn Mājah, 3380)

## Alcohol is cursed from ten angles:

1	The wine itself,	6	the one who carries it,
2	the one who extracts (the grapes etc),	7	the one to whom it is carried,
3	the one for whom it is extracted,	8	the one who consumes its price,
4	the one who sells it,	9	the one who drinks it
5	the one who buys it,	10	the one who pours it

# Medicinal Cannabis

Despite the legalisation of medicinal cannabis in many countries, Muslims are still bound by Islāmic law.

Medicinal cannabis and other substances which are otherwise Islāmically unlawful, IF legalised by a country for medical purposes, can be used only if the following stringent conditions are found :

1. Prescribed by a religious, practicing, Muslim doctor.
2. Certainty that this is only cure and treatment and that there are no other permissible alternatives.
3. There is a dire need.
4. It is used only in proportion to the amount necessary, and no more.

# Medicinal Cannabis

Despite the legalisation of medicinal cannabis in many countries, Muslims are still bound by Islāmic law:

- The conditions **must** be found.
- After being prescribed by a Muslim doctor, the patient may purchase it from anyone who has a license to sell it **legally** in the country. It **cannot** be purchased on the black market.
- The Islamic rulings which permit buying and using impermissible substances in times of need would only be **applicable when the country's law has allowed** them to be prescribed and used.
- If not, then it will **not be allowed** as Islām does not permit breaking the laws of **the country** one is residing in or visiting.

# The Way Forward

## ***A Message to the Community:***

- Understand the seriousness of the issue before it escalates.
- Though we may not be at that stage of Muslim rehab centres like other countries, the increase in smoking and drugs in our community is definitely a problem.

**A manner of extreme concern, as local 'imāms and scholars have reported having to personally confiscate vapes from young children.**

# The Way Forward

## *A Message to the Community:*

- This is the beginning. If we do not play our part and step up soon enough, it is feared that it may become prevalent and normalised.
- Do not consider this far-fetched!
  - Communities in other parts of the world, with cultures just like ours suffer from a great deal of drug consumption and abuse, and gang culture amongst their youth, to the extent that it has become normalised.

# **The Way Forward**

## ***A Message To Mothers:***

- In a survey it was noted that substance abuse was less prevalent in families where parents were actively involved.
- Your role is vital in preventing drug consumption.

# **The Way Forward**

## ***A Message to those involved / mothers of those involved:***

- Be honest.
- Do not be in denial.
- Admit the Problem.
  - Admit, "I have a problem."
  - Admit, "I am addicted."
  - Admit, "My child has a problem."
- Seek the necessary help.
- Do not be ashamed to reach out to those who are able and willing to assist you and your child.
  - Professionals.
  - Religious leaders.
- Turn to Allāh.
- Sincerely seek His help.
- Beg Him.
- Express your helplessness before Him.
- Ask Him for His help in overcoming this issue.

# The Way Forward

## Tawbah – Repentance and Seeking Allah's Forgiveness

عَنْ عَبْدِ اللَّهِ بْنِ عُمَرَ - رَضِيَ اللَّهُ عَنْهُمَا - أَنَّ رَسُولَ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ قَالَ  
(Ṣaḥīḥ Al-Bukhārī, 5575) " مَنْ شَرِبَ الْخَمْرَ فِي الدُّنْيَا، ثُمَّ لَمْ يَتُبْ مِنْهَا، حُرِمَهَا فِي الْآخِرَةِ "

Allāh's Messenger ﷺ said,  
"Whoever drinks alcoholic drinks in the world and  
**does not repent**  
(before dying), will be deprived of it in the  
Hereafter."

- This Ḥadīth (statement of prophet Muḥammad ﷺ) is in reference to the river of wine in Paradise.
- Deprivation is only if a person does not repent.

Here, Allāh clearly alludes to the opportunity to repent.

# The Way Forward

## Tawbah - Repentance and Seeking Allāh's Forgiveness

قُلْ يٰعِبَادِيَ الَّذِينَ أَسْرَفُوا عَلَىٰ أَنْفُسِهِمْ  
لَا تَقْنَطُوا مِنْ رَحْمَةِ اللَّهِ  
إِنَّ اللَّهَ يَغْفِرُ الذُّنُوبَ جَمِيعًا  
إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ

*Say, (O Prophet, that Allāh says),*

*“O My servants who have exceeded the limits against their souls!*

*Do not lose hope in Allāh's mercy,*

*for Allāh certainly forgives all sins.*

*He is indeed the All-Forgiving, Most Merciful.*

# Conditions for Repentance

1. Regret over the sin.
2. Stopping the sinful action.
3. Firm resolution to never perpetrate the sin again.

**If you are struggling – today is the day to turn back, to ask for help.**

**If you are a mother – today is the day to get involved.**

**If you are a leader – today is the day to lead and guide.**

May Allāh protect us,  
our community, country and its youth from  
drugs and all vices.

May He unite us in Jannah as those fortunate  
ones given a drink from its river of wine.

آمین یا رب العالمین